



Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough

Creative Recovery Christmas Crafts



Twiggs Fruit Trees Planting

Barnsley FC Community Trust EFL's Week of Action



Age UK Christmas Walk

Central Area Council - Priorities, Principles and links to Corporate Outcomes 2023 - 2024



Reduction in loneliness and isolation in adults & older people



Improvement in the emotional resilience and wellbeing of children and young people



Creating a cleaner and greener environment in partnership with local people



Supporting Vulnerable People

Ensuring the following principles are promoted and embedded in all that we do:

Community cohesion and integration

Social value

Healthy and active lifestyles

Contributing to the following Corporate Priorities and Outcomes:

Healthy Barnsley

- ✓ People are safe and feel safe
- ✓ People live independently with good physical and mental health for as long as possible
- ✓ We have reduced inequalities in health and income across the borough

Learning Barnsley

- ✓ People have the opportunities for lifelong learning and developing new skills including access to apprenticeships
- ✓ Children and young people achieve the best outcomes through improved educational achievement and attainment
- ✓ People have access to early help and support

Growing Barnsley

- ✓ Business start-ups and existing local businesses are supported to grow and attract new investment, providing opportunities.
- ✓ People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture
- ✓ People are supported to have safe, warm sustainable homes

Sustainable Barnsley

- ✓ People live in great places, are recycling more and wasting less, feel connected and valued in their community.
- ✓ Our heritage and green spaces are promoted for all people to enjoy
- ✓ Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking

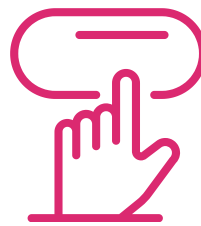
Enabling Barnsley

- ✓ We are a modern, inclusive, efficient, productive and high-performing council

Overview of performance

Contract meetings were held for all Central Area Council commissioned services and grant contract providers this quarter. This report is a summary of delivery from Quarter three 2023-2024 including some case studies.

Central Area providers' contributions to some Stronger Communities' Key Performance Indicators in Q3 are highlighted below.



Full reports and data from all providers are available from the area team. The "request" icon signifies more detail on case studies is available.

The majority of current Central Area Council commissioned services and grant agreements are scheduled to end in March 2025 giving members a unique opportunity to review all priorities together during 2024.



373
Adult Volunteers



2,523
Total Volunteering Hours



522
People accessed
benefits advice



£34,564.42
Cashable Value of
Volunteering



922
Total Volunteering
Opportunities taken up



£9,231.00
Additional funding e.g.
donations, matched funding
etc.



47
Community Groups
Supported



1253
Residents supported to
improve their emotional
health & wellbeing

Contractual Overview for 2023-2024

Providers appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the Central Area Council.

Service	Priority	Provider	Contract Value (this year)	Contract Dates	Grant / Commission
Advice Drop In			£29,597.00	1 April 2023 - 31 March 2025	2023 Central Wellbeing Fund
My Community, My Life			£40,000.00	1 April 2021 - 31 March 2023 Extended to 31 March 2024	Social Isolation Challenge Fund
Thriving Communities			£41,800.00	1 April 2021 - 31 March 2023 Extended to 31 March 2024	Social Isolation Challenge Fund
Reds Connects			£15,500.00	1 April 2021 - 31 March 2023 Extended to 31 March 2024	Social Isolation Challenge Fund
Unity Project			£139,876.00	1 April 2023 - 31 March 2025	Central Area Council Commissioned
Detached Youth Work			£12,934.00	1 July 2022 - 30 June 2024	Youth Work Fund
Street Smart			£52,000.00	1 July 2022 - 30 June 2024	Youth Work Fund
Clean and Green			£110,000.00	1 April 2022 - 31 March 2025	Central Area Council Commissioned
Targeted Household Fly-tipping Service			£35,000.00	1 April 2022 - 31 March 2025	Service Level Agreement - CAC Commissioned
Private Rented Housing Support Service			£35,000.00	1 April 2022 - 31 March 2025	Service Level Agreement - CAC Commissioned
Uplift Project			£15,000.00	1 October 2022 - 3 September 2024	Central Wellbeing Fund



Q3 Case Study

Benefits Advice Access by Ward		
Ward	Jul-Sep 2023	Oct - Dec 2023
Central	63	90
Dodworth	121	61
Kingstone	144	130
Stairfoot	115	96
Worsbrough	133	126
Total	576	503

Before DIAL

Miss H is a 49-year-old lady who has had hemiplegia from birth and mental health issues. She has very poor mobility and uses aids for her mobility. She also needs help with her daily care needs.

She was getting PIP at an enhanced rate of daily living and mobility. Her condition has not changed and is unlikely to improve. She asked us for help with a PIP review form that DWP had set her as her award was due for renewal.

Advice provided by DIAL

We helped Miss H to complete the PIP review form. Her daily living rate remained the same but her mobility component was reduced from enhanced to standard.

As her condition had not improved and Miss H still had very poor mobility we advised her to ask DWP to look again at their decision. We helped her to write a letter asking for mandatory reconsideration of her PIP.


DWP replied and did not change the decision.

We helped her to complete an SSCS1 and put a case forward for appeal. We highlighted why we thought that Miss H should still qualify for enhanced rate of mobility as she could not reasonably walk for more than a few steps.


After DIAL

Miss H received a call from a DWP decision-maker, who went through the case with her and asked more questions about her illnesses and mobility issues. The decision was changed in her favour and Miss H received the enhanced rate of mobility with a backdated payment. She did not have to go to the tribunal for appeal.

Miss H was awarded an enhanced rate for daily living and an enhanced rate for mobility, giving her an income of £691 every 4 weeks.



48
Households supported who are experiencing fuel poverty




161
Residents attended advice sessions




£1,370
Cashable Value of Volunteering



100
Total Volunteering Hours



£262,060
Unclaimed Benefits Generated since April 2023



503
Residents accessed benefits advice



Social Isolation Challenge Fund

My Community, My Life



By Ward	1:1 Intervention
Central	31
Dodworth	18
Kingstone	9
Stairfoot	14
Worsbrough	21
TOTAL	93



The project has three elements, individual social isolation through 1:1 intervention with the Social Inclusion Team, group development and support, and community development work. Service users also receive Information and Advice from the I&A Officer. In the last quarter, **27 clients** were worked with, out of which **13** were new clients and **14** were existing clients. The total gain was **£22,435**, with **£5,191.16** for Pension Credit. Benefits were the most popular type of enquiry, with most clients being in the Central and Dodworth areas. The team supports clients with fuel poverty advice and ensures they are aware of extra government help or help available via the BMBC Household Support Fund Grants. An additional **11 clients** were worked with in the Central area resulting in a gain of **£24,990.1**.



28

Adult Volunteers



12

Community Groups Supported



£15,672.80

Cashable Value of Volunteering



1144

Total Volunteering Hours



368

Total Volunteering Opportunities taken up



223

Adults supported to improve their emotional health & wellbeing



£47,894.60

Unclaimed Benefits Generated this quarter



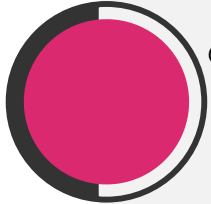
Social Isolation Challenge Fund

My Community, My Life



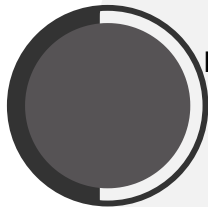
Central Area Council

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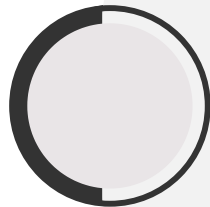
Central Ward/Town Centre

- Coffee and Champions
- Lightbox Coffee Club



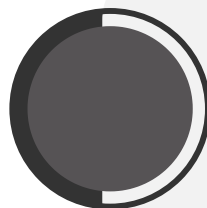
Dodworth Ward

- Young at Hearts
- Food with Friends



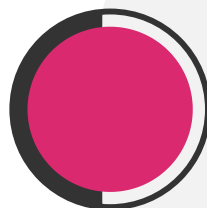
Kingstone Ward

- Shaw Lane Bowls Group



Stairfoot Ward

- Kate's Sandwich Bar
- Friday Coffee Club
- Kamenka Coffee Club
- Wombwell Walking Social Group



Worsbrough Ward

- Coffee & Conversation

Added Value

- Men-In-Sheds
- BOPPAA activities - eg Pilates, Walkfit, Boxercise, Walking Football and more
- Falls Management Exercise (FaME)
- Handyman and gardening service
- Winter Warmer Packs
- Support for Blackout/Electricity loss
- Warm home checks

Quarter 3's Successes

A **Christmas party** was arranged for all service users in the Barnsley borough at the Holiday Inn in Dodworth in December. Those that attended enjoyed a 2-course Christmas meal, entertainment, a raffle and a present from Santa! A lovely time was had by all, dancing and socialising with other service users. Feedback was very positive, stating how good the food was and what a great time they had.

Two new men-only groups have been set up in the central area – 1 at Men in Sheds in the late afternoon, and the other at the Help 4 Homeless Veterans hub in the town centre.



Social Isolation Challenge Fund

Thriving Communities



Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough



Q3 Case Study



J was assessed by a member of our staff for the loneliness and isolation project. J has cerebral palsy which affects his mobility and ability to socialise. J has been extremely isolated since the passing of his father and requested to use our telephone befriending service.

During our first call, I introduced myself and the service, including how it worked. J also introduced himself and explained why he wished to have the weekly calls. I felt it was important to check in on J's needs due to his mobility issues, and whether or not he needed any additional support. We were able to establish that J had a friend who visited him every other day, not only as a friendly visit but also to help cook food, take him shopping and help with anything he is struggling with around the house. J and his friend would sometimes go for lunch as a change of scenery.

J did not want any external help from carers as he wanted to stay as independent as possible for as long as he could. Over the coming weeks we would develop our relationship by finding out each other's hobbies and interests. J enjoyed video games and fantasy movies, we would find topics to talk about and share common interests such as favourite foods, music, and animals. J disclosed that he has a dog called Barney who J described as a 'cheeky chap' who steals shoes and gives J the run about at home. We casually explore the relationship between J and Barney. Barney was J's Dad's dog and so was an important part of his life. He gets a walk and is well looked after. During the next sessions we would talk about our weeks and share updates on J's health and appointments. J struggled with thinking about his future, so we would explore the present moment and looked at mindfulness meditation.

I was able to talk about our other services to J, noticing what may benefit him the most. J has received the information should he wish to follow them up further and refer for additional support. Our calls give J something to break up his week and look forward to away from the norm and he has been able to push himself further through the encouragement provided in our support. J is now having small walks, planning healthier meals and looking for additional hobbies while maintaining our befriending calls.

Volunteer Telephone Befriender



6

Adult Volunteers



185

Groups attendance



£1,356.30

Cashable Value of Volunteering



99

Total Volunteering Hours



72

One to One Sessions Delivered



185

Adults supported to improve their emotional health & wellbeing



Social Isolation Challenge Fund Reds Connects



Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough

The project continued to attract new participants, hosted a Christmas celebration event, and took part in the EFL (English Football League) Week of Action with special guests like Emile Heskey and Rick Parry. The walking football and sporting memories groups also enjoyed media coverage and interaction with current and former players of Barnsley FC.

Volunteers supported the project with various aspects of the delivery, such as providing quizzes, resources, equipment, promotion and refreshments.



5

Adult Volunteers



95

Total Volunteering Hours



54

Football / Walking Football Attendees per session



62

Exercise Class Attendees per session



20

Walking Group Attendees per session



33

Sporting Memories Attendees per session



**BARNESLEY FC
COMMUNITY TRUST**



The benefits of any active sport are widely documented, physical, mental and social. Speaking as a retired psychiatric nurse, it was good practice to encourage such activities to decrease anxiety and improve low mood, promote social interaction and build physical fitness. Walking Football provides all the above opportunities. In addition, there are all the benefits of normal football to be enjoyed, creativity, expressing yourself and engaging in teamwork. I think I can speak for everyone when I say I really look forward to the sessions and go home fitter and happier every time.





YMCA UNITY PROJECT

Building emotional resilience and wellbeing in children and young people aged 8-14 years

The project is successfully maintaining levels of participation and engagement and achieving positive outcomes for young people. There has been a notable increase in the number of pupils who have previously attended primary YMCA sessions accessing the afterschool clubs at the secondary schools. This reinforces the need and impact of the continued support from trusted Youth Workers to young people in the community.

The programme has focused on several themes identified by participants. These include:

- National Fitness Day
- Recycling Week
- National Family Day
- Self Esteem Workshop

In the October half term, young people enjoyed Halloween and Bonfire night-themed activities with Mummy hotdogs and toasting Marshmallows which were very popular.

The young people had the opportunity to work with a face paint artist exploring how face paint and make-up is often used by young people to create a veil between real life and fantasy, enabling even the shyest of young people to come out of their shells and be bolder, wilder and more confident! 'Games Galore' which focused on taking time out from technology and instead taking part in activities that involved face to face participation. Developing key skills around teamwork, communication and managing emotions particularly when they were defeated in a game.



105

Term Time Sessions



1,371

Attendances



£3,342.80

Cashable Value of Volunteering



244

Total Volunteering Hours

323

Supported to improve their emotional wellbeing, social isolation



“

“Thank you for all of the hard work and support you give to our children week in week out. They really enjoy the activities and several of the children have come out of their shells, especially some of the girls. It is lovely to see them shine. Aiden and Lisa are always so kind and positive with the children too.”

”

Background: At a glance

Henley is an 11-year-old boy who is very polite but very shy, and he has an older sister who is 13. He lives with his grandparents. Henley has been coming to the YMCA Unity Project for two years, where he regularly takes part in the youth club at St Johns church and the YMCA holiday activities. He also joins the YMCA's S.E.N.D provision.

Henley often finds school challenging, and he has received support from the school and other services, including the YMCA, to help him achieve his potential. His youth workers frequently 'check-in on him and create time and space for him to 'vent'. Henley's sister has trouble managing her behaviour, and this affects Henley negatively, making him quiet and withdrawn.

Impact

The youth workers carefully plan sessions that cater to the participants' needs. In this instance, the sessions focused on exploring the following concepts:

- 1 Enhanced Social Skills
- 2 Increased Self-Esteem
- 3 Improved Confidence and Communication



YMCA UNITY PROJECT

Building emotional resilience and wellbeing in children and young people aged 8-14 years

Intervention/Process

The youth workers have worked with Henley to build his resilience and confidence. Encouraging and supporting him to play different games with others in small groups i.e. pool and table tennis to practice joining in on conversations and build relationships with his fellow peers. Over his time at St Johns Youth club Henley has made three close friends who will regularly sit together and play games together. Recently, Henley has been pushing himself to talk to new young people in the session.



Developing leadership skills



Feeling valued



Make new friends

What's next?

The youth workers are going to use responsibility and weekly tasks with Henley as he thrives in helping staff set up activities/ pack things away. This maintains him feeling calm and included throughout the session he's attending and fosters a sense of pride. This will also contribute to improving his confidence and creating more opportunities talk to other young people in the group.



Youth Work Fund

Detached Youth Work



Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough

About the project

YMCA detached youth work based in Dodworth and Gilroyd meets weekly, focusing on their core group in Dodworth Park. The weekly sessions with the core group have moved indoors and the programme has included focused group work and discussions on a range of issue-based topics, (mental health, bullying, managing feelings & emotions) alongside arts activities and the ongoing 'newsroom' project.

Delivery is street based in the localities but also makes use of indoor venues during winter and usually takes place twilight, early evenings and school holidays.



Issues faced this quarter

- Dealing with the bereavement of close relatives
- Exploring feelings of grief and how to be supportive when people are having challenging times

Updates

- There have been **no reports of anti-social behaviour** in recent weeks

Social Value

- There are opportunities for older young people to take on **peer support** and **volunteering** in their communities and other YMCA projects.

What are the young people planning for the year ahead in 2024?

- Using drama and filmmaking to explore issues that concern young people.
- Building stronger relationships with the wider community
- Volunteering sessions by making their area safer with litter picking being the top priority.



12

Detached Sessions



109

Attendances



£1,150.80

Cashable Value of Volunteering



84

Total Volunteering Hours



18

Supported to improve their emotional wellbeing, social isolation

Engagement rates have fallen due to cold dark nights. Although more young people have reported a sense of achievement and pride.

Central ward

The plans for an etiquette sign at Hoyle Mill skate park have been finalised, and the young people involved have successfully secured funding from the Central Ward Alliance to create and install the sign. In addition to this project, the young people also participated in animation workshops to make a short video about mental health services and support in Barnsley.



93

Young people engaged



9

Volunteers



£876.80

Cashable Value of Volunteering



£828

Additional funding e.g. donations, matched funding etc.



64

Total Volunteering Hours



39

Supported to improve their emotional wellbeing, social isolation

Youth Workers surveyed the Alhambra Shopping Centre between 4-6 pm on various evenings. Although this time is considered problematic as it coincides with school leaving time, no issues were encountered. The shopping centre was mostly quiet and any young people present were with their families and not causing any problems.

Worsbrough ward

The Youth Worker has continued to build relationships with the young people in Dale Park. Using team building activities and workshops are role models, actions and consequences, and healthy relationships based on the identified needs of the group.

Due to various interpersonal issues within the group the Youth Worker has been working to facilitate conflict resolution and where appropriate workshops to improve people's relations and responses to disputes and group issues.



The group also watched the Red Flags theatre show by Soundproof Box, which tackled coercive relationships. During the workshop they also took an active role throughout, demonstrating their teamwork and positive engagement.

Kingstone ward

As part of StreetSafe work, a group of young women have taken part in teen pregnancy and healthy relationships workshops; exploring what they would do in different scenarios, how to identify coercive behaviours and the impacts of teen pregnancy. Working with their Youth Worker, the group co-designs the programme, setting personal goals and demonstrating their social and interpersonal skills development.



Young women partaking in a healthy relationships workshop)

To expand their knowledge of animals and the environment, they visited Canon Hall Farm and gained insights into animal care, wildlife, and conservation.



Young people at Canon Hall Farm

They are working towards a visit to the Houses of Parliament and to speak with their MP about mental health and SEN support in schools.

“

'She absolutely loves it, I love that she's able to get out the house and interact with other young people, instead of being in her room on her Xbox.'

”

Stairfoot ward

Parent

The StreetSafe team has been consistently engaging with groups of young people, delivering workshops and facilitating discussions on various pertinent topics such as stop and search, police and community relations, anti-social behaviour (ASB), arson, violence against women and girls (VAWG), positive and negative influences of using social media, and the influence of pornography, tailored to meet both their needs and the demands of the area. During Halloween and Bonfire Night, the group participated in fire safety workshops and SFX makeup sessions to simulate scars and wounds.



(Young people doing SFX makeup as part of a Fire Safety workshop)


CAC Commissioned Service

Clean and Green

Dearne Valley Country Park Group and Old Barnsley Canal Group


TWIGGS
 Grounds Maintenance LTD


Twiggs primarily works with community groups and volunteers in specific central area wards during the week, offering support through a variety of clean and green tasks and activities.

Activities By Ward This Quarter

Central (Mondays)	24
Dodworth (Tuesdays)	21
Kingstone (Wednesdays)	18
Stairfoot (Fridays)	15
Worsbrough (Thursdays)	17


288

Adult Volunteers


14

Community Groups Supported


£9,034.47

Cashable Value of Volunteering


659 3/4

Total Volunteering Hours


6

Partners & Businesses collaborated with


243

Bags Removed

Case studies this quarter



- Tree Planting on Coronation Field
- Dearne Valley Country Park Group and Old Barnsley Canal Group
- Trinity Academy St Edwards
- Duke of Edinburgh Scheme
- Empowering Communities Through Fruit Tree Care Workshop
- Highgrove Care Home

All case study narratives and videos are available from the Area Team



CAC Commissioned Service

Clean and Green



Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough

TWIGGS
Grounds Maintenance LTD



All case study narratives and videos are available from the area team

Duke of Edinburgh Scheme



Highgrove Care Home



Tree Planting on Coronation Field



Empowering Communities Through Fruit Tree Care Workshop





CAC Commissioned Service

SLA: Safer Neighbourhood Service

Fly tipping and littering are serious environmental issues that affect many neighbourhoods and public spaces. However, some communities have taken action to clean up their areas and prevent further dumping of waste. Here are some inspiring examples of how people have made a positive difference in their surroundings.



BARNSELY
Metropolitan Borough Council

A resident is encouraged to remove waste from outside their house



Property owner cleans up the waste





Central Wellbeing Fund Uplift Project



Central Area Council
Central, Dodworth, Kingstone, Stairfoot, Worsbrough



13
Adult Volunteers



7
Community Groups Supported



£1,746.75
Cashable Value of Volunteering



127½
Total Volunteering Hours



55
Supported to improve their emotional wellbeing, social isolation

Christmas Crafternoon

- Social and Nibbles
- Mince Pies & Warm Spiced Punch
- Carolling by lantern light
- Carolling around the Summer Lane Estate
- Buddy Walk to the bus station



UPLIFT Quarterly Update

The Uplift team has focused on community engagement and consultation with the local community to deliver activities that meet the needs of residents.

Phil Hunter completes his community artwork in Kingston



Embroidered Baubles and Kitsch Wreath workshop.

